

## ESSENCES AMAZIGH



# Flower essences, incense, bath salts, balms and other preparations, 100% natural Made in the ESSENCES AMAZIGH workshop

#### - Single flower essences -

### Flower essence of Apricot (Prunus armeniaca) (30ml)

'The flower of joy and lightness' and intended for people suffering from internal mental and emotional tensions (turmoil, conflict, anger), difficulty in coping with seasonal changes or life events and having sometimes moody or extreme emotional behavior.

### Flower essence of Chinesee crab (Malus spectabilis) (30ml)

'The flower of purification' and intended for people who suffer from a feeling of impurity; of a feeling that we are infected, a sort of self-loathing, stuck, obsessed with details.

#### Green essence (30ml)

'The state of spiritual cleansing and purification' and intended for people who suffer from emotional anguish, very often associated with intestinal problems (parasites, yeasts etc.) and skin.

All flower essences are created from flowers from the desert, the salt lake and Nefta oasis







### Flower essence of Field Bindweed (Convolvulus arvensis) (30ml)

'The flower of individualism' and intended for people who suffer from the feeling of being trapped, physically or morally constrained and linked to situations, behaviors or relationships without any dead end; restriction and oppression; lack of calm and clarity; autism and nervous system problems.

#### Flower essence of Lemon (Citrus Limon) (30ml)

'The flower of mental clarity' and intended for people suffering from fatigue and mental congestion or toxicity associated with the nervous system; difficulty in concentration and assimilation; 'in the moon'.

#### Flower essence of Olive (Olea europeae) (30ml)

'The flower of regeneration' and intended for people who suffer from total exhaustion; extreme mental and physical fatigue.

#### Flower essence of Quince (Cydonia Oblonga) (30ml)

'The flower of the balance of one's own feminine and masculine polarities' and intended for people who are unable to balance strength and power on the one hand, with affection and tenderness on the other, often resulting in dysfunctional or inconsistent parenting, relational, or leadership behavior.

### Flower essence of Sleepy Hibiscus (Malvaviscus Penduliflous) (30ml)

'The flower of rediscovered passion' and intended for people suffering from emotional and sexual rigidity and who are too withdrawn in themselves.

### Flower essence of Sweet thorn (Vachellia karroo) (30ml)

'The flower of unity with oneself, life and with others' and intended for people suffering from a state of depression, weariness, monotony, and boredom in everyday life, stuck in the heavy events of the past, withdrawn into oneself.





#### - Combinaisons flower essences -

Flower essences offer a natural and holistic approach to various health management issues by addressing the emotional and stress-related components that can exacerbate symptoms.

### Combinaison of flower essences for 'Allergies' support (30ml)

A combination of essences formulated from 5 flowers and intended for people suffering from seasonal allergies.

### Combinaison of flower essences for 'Diabete' support (30ml)

A combination of essences formulated from 6 flowers and intended for people suffering from Diabetes 1 or 2.

### Combinaison of flower essences for 'Sexual dysfunction' support (30ml)

A combination of essences formulated from 5 flowers and intended for people suffering from sexual dysfunction.

### Combinaison of flower essences for 'Exam & concentration' support (30ml)

A combination of essences formulated from 6 flowers and intended for people wanting optimum concentration, particularly during exams. The selected flower essences work in particular on better understanding, assimilation, confidence, determination, apprehension, while bringing greater calm and inner peace.

### Combinaison of flower essences for 'Personalized therapy' (30ml)

For a 'personalized' flower essence for your emotional ailments, please contact us.

### Combinaison of flower essence for 'Nervous tension' support (30ml)

A combination of essences formulated from 5 flowers and intended for people suffering from nervous tension.

### Combinaison of flower essences for 'Urgency' support (10ml)

A combination of essences formulated from 6 flowers and intended for people who are in a state of emotional or physical shock.

### Combinaison of flower essences for 'Vision' support (30ml)

A combination of essences formulated from 5 flowers and intended for people suffering from eyesight issues.







#### - Skincare with essences de fleurs -

All our bath salts are made with the **Tunisian therapeutic salt of 'Chott El Jerid'** and contain **flower essences**, as well as a **Quartz stone** which allows you to infuse the healing vibrational frequencies of the most important ingredients into your body, thanks to the conductive power of water

#### Bath salt 'Orange Oasis' (180G)

A bath salt that offers you a scented bath with invigorating, joyful scents. On the physical level: oats and olive oil soften and moisturize your skin, reduce scar tissue, but also repair damaged skin cells. The combination of essential oils known for their 'antistress' action, helps to regain a sense of inner peace. The essence of bitter orange blossom brings a relaxing effect to the solar plexus and the stomach area. On the mental level: the therapeutic salt of Lake Jerid acts on letting go and plays a soothing and liberating role on the mind, which can facilitate falling asleep. The essential oils work in synergy to eliminate accumulated tension and stress. On the etheric level: The essence of bitter orange blossom helps in the ability to regenerate and strengthen energetically. It provides a harmonious and relaxing effect.



A bath salt with a refreshing green scent. On a physical level: oats and olive oil soften and moisturize your skin, reduce scar tissue, and repair damaged skin cells. The selected essential oils are known for their digestive-aiding properties. Kalanchoe Tubiflora flower essence provides a relaxing effect on the solar plexus and stomach area. On a mental level: therapeutic salt from Lake Jerid helps you let go and plays a calming and liberating role on the mind. Tropical basil essential oil is also a mental tonic. On an etheric level: Kalanchoe Tubiflora flower essence helps you regenerate and strengthen your energy. It provides a harmonious and relaxing effect.

#### Bath salt 'Purple Oasis' (180G)

A bath salt with invigorating plant scents. On the physical level: the selected essential oils are known for their calming, anti-inflammatory, restorative, and tonic properties, and contribute in particular to joint and muscle comfort. Lemon blossom essence is particularly renowned for its action on tense muscles. On the mental level: the therapeutic salt from Lake Jerid acts on letting go and plays a soothing and liberating role on the mind. On the etheric level: Lemon blossom essence brings a feeling of balance and relaxation at all levels.











#### Perfumed balm 'UL' (30G)

A balm perfume with the sensual and subtle association of Oud, rose petals and 5 flower essences which contribute to the powers of femininity and the opening of the heart.

#### Hair growth balm 'IFOULKINE' (50G)

**P**repared with rich ingredients, this balm effectively stimulates hair growth by boosting the proliferation of fibroblasts in hair follicles, while nourishing and strengthening the scalp.

#### - Ancient remedies -

#### Ilite green clay powder 'TIRRIST' (150G)

As a poultice: fights rheumatism, fractures, trauma, external infections. As a hair & body mask: deeply cleanses pores, softens the skin. As a hair mask: Excellent detox & restores freshness to all hair.

#### Head & temples balm 'ARJAF' (15G)

Composed of green clay and a concentrated synergy of 9 essential oils to fight against headaches of all kinds (headaches, migraine and sinusitis). Easy to carry and use, this balm is applied directly to the temples and neck.

#### Clay ointment '1001 TUZULT' (50G)

A real relief ointment designed with flower essence that makes the healing process even faster. To be used as a poultice on burns, wounds, cuts, blows and inflammation. This ointment also gives excellent results on all skin problems (dryness, eczema, psoriasis, etc.).







#### - Floral candles-

#### Melting candle 'Oasis basil' (50G)

A journey among the tropical basil of the Nefta oasis with this candle melting with vegetable wax, cotton wick and quartz stone. It diffuses its ethereal and airy essential oil for 10 hours in your interior. A perfect gift idea to celebrate the beauty of life.

#### Melting candle 'Oasis grenadier' (50G)

A journey among the pomegranate trees of the Nefta oasis with this candle melting with vegetable wax, cotton wick and quartz stone. It diffuses its exquisite 100% natural cherry fragrance for 10 hours in your home. A perfect gift idea to celebrate the beauty of life.

#### Melting candle 'Oasis rose' (50G)

A journey among the Damascus rose of the Nefta oasis with this candle melting with vegetable wax, cotton wick and quartz stone. It diffuses its 100% natural rose petal fragrance for 10 hours in your home. A perfect gift idea to celebrate the beauty of life.





#### Clay pot candle 'Winter oasis' (200G)

Immerse yourself in the oasis of Nefta in winter by lighting this candle scented with 100% vegetable wax and equipped with a wooden wick. Composed of a marriage of flowers, balls and winter leaves with the combination of quartz stone and the famous local sand rose, this olfactory journey, at once gourmet, woody and spicy, will diffuse into your interior a warm and fragrant atmosphere for nearly 40 hours.





#### - Protection traditional incense -

#### Incense 27 (100G) & (15G)

The famous 'Bukhour 27' (in small format, special gift) is an artisanal production made by the women of Nefta, according to an ancestral Amazigh custom. Traditionally used as a fumigation in homes, this warm, woody and spicy aroma incense is known to eliminate low vibrations resulting from the evil eye, jealousy, magic and bad intentions.

#### Clay pot for incense (H7cm x Diam.10cm)

A traditional censer used for fumigating incense 27 and made with the famous Nefta clay.





#### - Traditional baskets -

Traditional Tunisian baskets and the perfect for your gifts.





